# LUMIÈRE -ESPERANCE DE EEPT KPALINE LOM NOVA CHILD SURVIVAL INTERVENTION

AN UPDATE FROM TOGO













**8 women** are exclusively breastfeeding their babies in the first six months.

## **NUTRITION**

These mothers are learning the importance of a healthy diet and nutrition for their child. The Child Survival Implementer is teaching the mothers how to prepare meals which will provide energy, help growth and improve the immune system of their child.





## **GROWTH MONITORING**

This child is being weighed and having their height measured. This is an important part of the Child Survival intervention as it checks for signs of malnutrition and ensures the child is reaching their growth milestones.



## **GROUP PHOTO**

The mothers and their babies you are supporting. They are thriving as a result of your support.

## **FOLLOW UP VISIT**

Survival staff members follow up with the mothers after their prenatal consultations or after medical treatments in their homes. This is to ensure good health, and the appropriate use of the medical prescriptions.





#### **BREASTFEEDING**

Here, a midwife is educating the mothers enrolled on the Child Survival intervention about breastfeeding. She is demonstrating the positioning of the baby while nursing. She is explaining the importance of exclusive breastfeeding, due to the risk of using contaminated water with powdered milk.

### **VACCINATION CLINIC**

Survival Staff members accompany caregivers to immunisation appointments and vaccination campaigns, such as this one for polio. This ensures that the babies benefit and receive all vaccines for protection against disease.

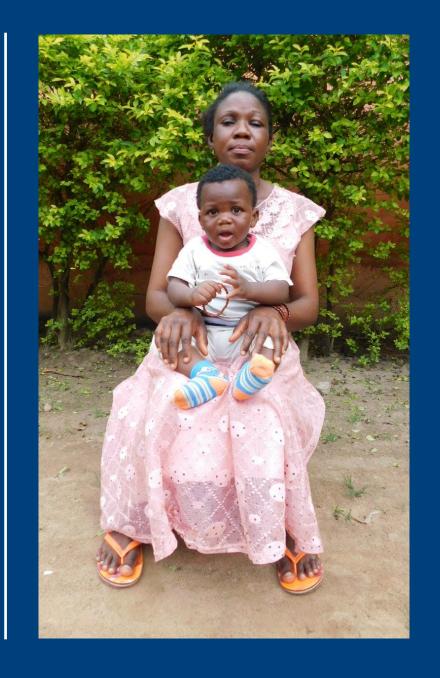


#### A MOTHER YOU'RE SUPPORTING

"Hello dear donor, I greet you in the beautiful and precious name of our Lord Jesus Christ. I take this opportunity to thank you very much for all that you do for my child and me. I am filled with joy since my child was enrolled in the Child Survival intervention. My name is Evoda, a widow and mother of two children.

Before my child, Joseph, was integrated into the Child Survival intervention, we hardly managed to provide for our needs. My husband, my first son and I lived in Mali. He was an electrician and plumber and I was selling snacks. One day, when he woke up, he started having headaches. We started treatment with the doctors but it still wasn't working.

Finally, we decided to return to Togo where we continued the treatments. His condition still didn't improve. The doctors also did not tell us anything in spite of the requested tests. So I decided to take him to the hospital in our area, Kpélé Tsiko. From there, we were asked to do a CT scan, which was done at the Autel d'Eli clinic in Lomé, the capital city. The results revealed that he had terminal liver cancer. The cancer had already spread throughout his body and there was nothing more to be done because his days were numbered. That's how he passed away, leaving me with a child and I was three months pregnant..."

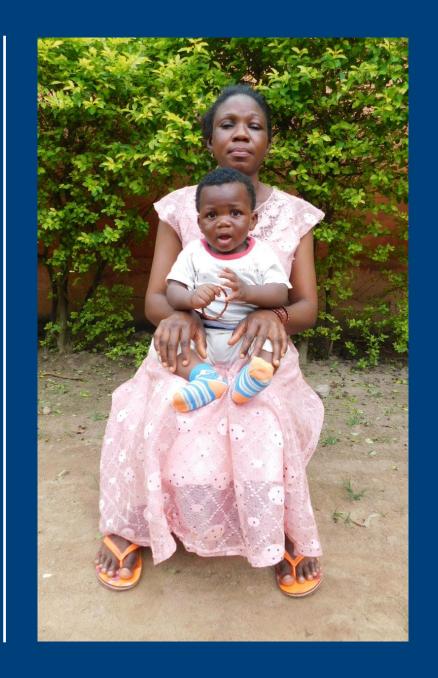


#### A MOTHER YOU'RE SUPPORTING

"...Things were getting harder and harder for us. All our money had gone; we had nothing left. The in-laws ignored our existence. Fortunately, my father's house in Kpalime welcomed us with open arms. We had a very hard life until I gave birth.

Thank God, two weeks after I gave birth, my son was registered in the Child Survival intervention, and our many problems disappeared. We receive food kits every month and hygiene kits every quarter. Famine is no longer at our heels. The home visits, lessons, group activities, the advice and comfort of the staff workers have allowed me to continue to live as if nothing had happened. I was just crying and feeling sorry for myself.

My health is assured and that of my child too because some time after my delivery, I could not breastfeed my child but thanks to the intervention of the Child Survival Implementer, I was treated at the hospital for free. In the same way, my child is taken care of every time he is not in good health. I have gained new knowledge from the different lessons that are given to us. My social life has improved as well as my spiritual life. I thank you very much. May the Lord God Almighty keep you and protect you and may He give you back all that you spend on us a hundredfold. Evoda."





#### **HOME VISIT**

Here, a Survival Staff member is visiting the home of a mother enrolled in the Child Survival intervention. Home visits provide vital support for both mother and baby throughout the early stages of a baby's development.

#### **DOMESTIC VIOLENCE**

In this group session, the Child Survival staff member led a session on the 'Strategies to Combat Child Abuse and Violence'. This course enabled the caregivers to know the appropriate methods to prevent domestic violence and to identify local resources for support, in the fight against both domestic and community violence.



## MAKING A DIFFERENCE

Thank you, Welcome Church, for your support. It is making a life-changing difference to the mothers and children of this community.

"Child development is the foundation for community and economic development. Capable children are a foundation for prosperous nations."

Kate Naliaka, Global Principal Programme Development Advisor for Compassion International.

If you'd like to know more about the impact that has been made, please contact Tim Robertson on 07725 949407 or at TimR@compassionuk.org.



